

Summer Learn to Skate

AMES ARENA, 19900 IPAVA AVE., LAKEVILLE
lakevillearenas.org, 952-985-2170



Lakeville Arenas is excited to offer Learn to Skate USA. The mission of Learn to Skate USA (LTS-USA) is to provide a fun and positive experience that

will instill a lifelong love of skating. LTS-USA offers an abundance of enhancements tailored toward improving the experience for parents and skaters. LTS-USA is the only ice skating program endorsed by U.S. Figure Skating, USA Hockey, US Speedskating and the Special Olympics. Learn to Skate USA offers every participant a rewarding experience rooted in the lifelong benefits of ice skating. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program has a 12:1 student/instructor ratio to ensure quality instruction, except for the Snowplow Sam classes which have an 8:1 ratio and PALS have a 10:1 ratio. Questions regarding lessons can be emailed to the director at lakevillelearntoskate@gmail.com.

REQUIREMENTS: We recommend that children in the Snowplow Sam and P.A.L.S. classes wear a helmet (bike helmets work well), gloves and snow pants. All participants are required to wear gloves or mittens. Participants must provide their own skates or rental skates are available for \$3 per person/per class. No double blades. Lakeville Arenas offers skate sharpening for \$4 per pair of skates. Rental skates are best for first time skaters, hockey skates are not recommended.

ADULTS: (16 years and older) Designed for the beginner skater up to the advanced. Your choice of either figure skating or hockey skating skills. This class offers a more one-on-one lesson structure.

P.A.L.S.: Parent and Little Skater, (3-5 years old) This class will teach the child and parent how to skate and teach the parent how to teach their child to skate. It's a great class for the beginning skater. The parent/guardian must be at least 16 years old.

SNOWPLOW SAM: (3-5 years old) Designed to develop preliminary coordination and strength necessary to move on skates.

HOCKEY 1-2: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Will work on forward skating, backward skating and stopping.

HOCKEY 3-4 & Power: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Designed for those skaters that have passed Hockey 2. Will work on turns, crossovers and stopping.

THE BASIC SIX: These six levels of the program introduce the fundamental skating moves, forward skating, backward skating, stops, crossovers and turns. Upon completion of the Basic 1-6 levels, skaters will have the basic knowledge of the sport to advance to the Free Skate levels.

BASIC 1: Designed for skaters 6 and older with little or no skating experience. Will work on forward/backward skating and stopping.

BASIC 2-3: Designed for those skaters that have passed Basic 1 or Snowplow Sam. Will work on backward skating, turning and introduction to spins.

BASIC 4, 5, 6: Designed for those skaters that have passed Basic 3. Will work on edges, crossovers and stroking.

PRE-FREE SKATE & FREE SKATE 1-6: Designed for those figure skaters that have passed Basic 6. Free Skate will be divided into four sections – moves in the field, dance sequence, spins and jumps.

POWER EDGE: This class is designed for figure skaters to build strength and power while learning proper edge technique and skating form.

Youth & Adult Skating Lessons

TUESDAY SKATING SCHEDULE

June 11 - Aug. 6, no lessons on July 2
 Registration starts May 11

\$89 PER SESSION/\$125 P.A.L.S PER SESSION

If your skater has taken lessons previously and you are unsure what class to register for, email the director at lakevillelearntoskate@gmail.com.

LEVEL	LESSON/PRACTICE*	ACTIVITY #
Snowplow Sam	6-6:30/6:30 p.m.	172003-01
Basic 1	6-6:30/6:30 p.m.	172006-01
P.A.L.S.	6:30-7/6 p.m.	172002-01
Snowplow Sam	6:30-7/6 p.m.	172003-02
Hockey 1-2	6:30-7/6 p.m.	172004-02
Basic 1	7-7:30/7:30 p.m.	172006-02
Basic 2-3	7-7:30/7:30 p.m.	172007-01
Hockey 1-2	7-7:30/7:30 p.m.	172004-01
Hockey 3-4 & Power	7-7:30/7:30 p.m.	172005-01
Adults	7:30-8/7 p.m.	172001-01
Basic 4-5-6	7:30-8/7 p.m.	172008-01
Pre-FS & FS 1-6	7:30-8/7 p.m.	172013-01
Power Edge	8-8:30/7:30 p.m.	172012-01

*Note: Based on the skater's ability, class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice).

FALL LESSONS

Visit lakevillearenas.org for a class list or call 952-985-4600 and we will mail you one when available. Lessons start Oct. 19- Dec. 14.



For information on rental of ice and dry floor and public open skating schedule visit lakevillearenas.org

Payment: Registration, team sports and facility reservations can be made with cash, check or credit card.

Confirmations: The Parks & Recreation Department will send program receipts to confirm registration if registering other than online. If a class is full, your name will be placed on a waiting list.

Adult Team Sports: Call 952-985-4616.

Deadlines: Please register early to ensure a space. Most activities have registration deadlines, generally two business days prior to start of activity (unless otherwise noted). The Parks & Recreation Department reserves the right to cancel a program. Those enrolled in a program that is cancelled will receive a refund.

REGISTER

PHONE: 952-985-4600

ONLINE: webtrac.lakevillemn.gov

MAIL or WALK-IN

20195 Holyoke Ave., Lakeville, MN 55044
Mon.-Fri., 8 a.m.-4:30 p.m.

Equal Opportunities: The City of Lakeville believes that all residents regardless of race, color, national origin, sex, religion, age or disability have the right to participate in activities of their choice.

Inclusion Policy: For those with disabilities and a copy of our inclusion policy and packet, please call 952-985-4616.

Disclaimer: This program schedule is published for information purposes only. Lakeville reserves the right to make changes in the content and provision of the program schedule without notice.

Parks & Recreation Facility User Guide: For a complete guide on facility use and department policies go to lakevillemn.gov.

PARENT/PRIMARY CONTACT

Last Name _____ First Name _____ Male Female If new phone or address

Street Address _____ City _____ State _____ Zip _____

Phone (c) _____ Phone (w) _____ Phone (emergency) _____

E-mail _____ Yes, please send me e-mail updates

Special needs or requests: _____

PARTICIPANT INFORMATION

PARTICIPANT'S NAME	GENDER (M/F)	T-SHIRT SIZE (if required) YS, YM, YL, AS, AM, AL, AXL	BIRTHDATE	PROGRAM NAME	PROGRAM #	FEE

Waiver Statement: I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in the above-mentioned programs. I/we understand that the City of Lakeville assumes no responsibility for injury before, during or after programs. This waiver of liability does not waive liability for any injuries that I obtain as the result of willful, wanton or intentional misconduct by the City or any person acting on behalf of the City.

Photos: Lakeville Parks & Recreation Department periodically takes pictures of participants in our programs, during special events and in the parks. These photos may be used in the City's media publications. Participation in a recreation activity serves as your consent to such photographs and recordings unless you indicate otherwise to the department staff. If you do not wish to have your image used, notify us in advance in writing.

Refund Policy: Cancellations made by the City: Registration fees for a program cancelled by the Parks & Recreation Department will be fully refunded. Due to circumstances beyond our control there are no refunds for certain preregistered programs. Refunds less than \$10 will be issued as a household credit*.

Cancellations made by Participant: Participant cancellations made prior to registration deadline or 48 hours prior to the start of the program will receive a refund, less a \$10 service fee, or full credit* towards a future program, whichever the registrant prefers. No refunds processed within 48 hours of program start and/or after activity registration deadline. Due to circumstances beyond our control there are no refunds for certain preregistered programs. No online cancellations. Cancellations can be made over the phone during business hours. *Credits older than 18 months will be applied to the Lakeville Scholarship Fund.

Participant's Signature _____ Parent/Guardian Signature _____ Date _____
(If participant is under 18 years of age)

PAYMENT METHOD

Cash Check—Payable to: City of Lakeville

VISA

MasterCard

American Express Card Number _____ Expiration Date _____

Discover Cardholder Name _____ Authorized Signature _____
(please print)

