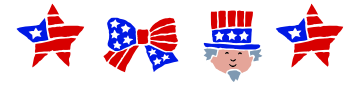
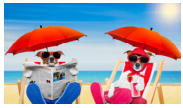




July 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px dashed black; padding: 10px; text-align: center;"> <p>Day Old Bread Available Monday- Friday 10:15 a.m. - 3:30 p.m.</p> </div>	<p>8:00 Pickleball 1</p> <p>9:00 Happy Feet</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Outdoor Bags</p> <p>10:00 Book Club #1</p> <p>10:00 Drum Fit</p> <p>11:00 NO BRAIN & BALANCE</p> <p>11:45 Party Bridge</p> <p>1:00 Bingo</p>	<p>8:00 Mens Golf 2</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Science Discussion #1</p> <p>1:15 Essentrics* video</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball</p> <p>8:15 Chair Yoga* video 3</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p> <p>1:00 Quilting Group</p>	<p>HERITAGE CENTER CLOSED IN OBSERVANCE OF INDEPENDENCE DAY</p>  <p>HAPPY 4TH OF JULY!</p>
<p>8:15 Chair Yoga 7</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold'em</p>	<p>8:00 Pickleball 8</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Creative Writing</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brain & Balance</p> <p>11:45 Party Bridge</p> <p>1:00 Heritage Jammers</p> <p>1:00 Root Beer Floats & Bingo</p> <p>Deadline Diners Club</p>	<p>8:00 Mens Golf 9</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:00 POP Baby Crawl</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 NO LINE DANCING</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Science Discussion #2</p> <p>1:00 Technology Assistance -Androids</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 10</p> <p>8:15 NO CHAIR YOGA</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Motorcycle Club, Walking Club</p> <p>10:00 NO FLEXIBILITY & STRENGTH</p> <p>10:30 NO RED HATS CHORUS</p> <p>10:30 Bocce Ball</p> <p>11:00 NO CARDIO & STRENGTH</p> <p>11:30 NO HAND & FOOT</p> <p>12:00 Euchre</p> <p>5:00 Diner's Club-Minnesota Burger Co.</p>	<p>8:00 Pickleball 11</p> <p>8:15 NO GENTLE YOGA</p> <p>9:00 Poker</p> <p>10:00 Technology Assistance-Apple</p> <p>NO S.S. Strength & Balance</p> <p>11:00 NO 500 CARDS</p> <p>12:30 Mahjong</p> <p>1:00 Tatting</p> <p>1:30 NO CRIBBAGE</p>  <p>July 11 & 12, 9 a.m.-3 p.m.</p>
<p>8:15 Chair Yoga 14</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:00 Health Insurance Counseling</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold'em</p> <p>1:00 Book Club #4, Diamond Dotz</p>	<p>8:00 Pickleball 15</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Outdoor Bags</p> <p>10:00 Drum Fit</p> <p>11:00 Brian & Balance</p> <p>11:45 Party Bridge</p> <p>1:00 Bingo</p> <p>2:30 The Overwhelmed Caregiver</p>	<p>8:00 Mens Golf 16</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angel Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Book Club #2</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 17</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:15 Stillwater River Cruise</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p> <p>1:00 WWII Discussion Group</p> <p>1:00 Quilting Group</p>	<p>8:00 Pickleball 18</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p>
<p>8:15 Chair Yoga 21</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold'Em</p>	<p>8:00 Pickleball 22</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Creative Writing</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brain & Balance</p> <p>11:45 Party Bridge</p> <p>1:00 Book Club #3</p> <p>1:00 Heritage Jammers</p> <p>1:00 Senior Linkage Line</p>	<p>8:00 Mens Golf 23</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Be Clutter Free</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 24</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Motorcycle Club, Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p>	<p>8:00 Pickleball 25</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>10:00 Technology Assistance-Apple</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p> <p>Driver Safety Class 1-5 p.m.</p>
<p>8:15 Chair Yoga 28</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold'Em</p> <p>1:00 Diamond Dotz</p>	<p>8:00 Pickleball 29</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brian & Balance</p> <p>11:45 Party Bridge</p>	<p>8:00 Mens Golf 30</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>10:00 Treasure Island Trip</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p> <p>National Cheesecake Day 930-11 a.m.</p> 	<p>8:00 Pickleball 31</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p>	



August 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 10px; background-color: #e0f0ff;"> <p>Day Old Bread Available Monday-Friday 10:15 a.m. - 3:30 p.m.</p> </div>				<p>8:00 Pickleball 1</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 S.S. Strength & Balance</p> <p>11:00 S.S. Strength & Balance</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p> <p>Driver Safety Class 1-5 p.m.</p>
<p>8:15 Chair Yoga 4</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Adopt-A-Park Clean Up</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold 'Em</p>	<p>8:00 Pickleball 5</p> <p>9:00 Happy Feet</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Book Club #1</p> <p>10:00 Drum Fit</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brain & Balance</p> <p>11:45 Party Bridge</p> <p>2:00 Bingo</p>	<p>8:00 Mens Golf 6</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 S.S. Strength & Balance</p> <p>11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Science Discussion #1</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p> <p>Deadline for the Luncheon</p>	<p>8:00 Pickleball 7</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p> <p>1:00 Quilting Group</p> <p>1:00 Don't Fall for It - Spot Scams</p> <p>7:00 "Calendar Girls" - Art Center</p>	<p>8:00 Pickleball 8</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Tattng, Paint and More</p> <p>1:30 Cribbage</p>
<p>8:15 Chair Yoga 11</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:00 Health Insurance Counsel</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong, Texas Hold'Em</p> <p>1:00 Book Club #4</p> <p>1:00 Diamond Dotz</p>	<p>8:00 Pickleball 12</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Creative Writing</p> <p>11:00 Brain & Balance</p> <p>10:00 Outdoor Bags</p> <p>11:30 Pizza in the Park-Antlers</p> <p>1:00 LAAA Advisory Comm.</p> <p>11:45 Party Bridge</p>	<p>8:00 Mens Golf 13</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Science Discussion #2</p> <p>1:00 Technology Assistance-Androids</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 14</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Motorcycle Club, Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:00 Disney's "Beauty & the Beast"</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p>	<p>8:00 Pickleball 15</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>10:00 Technology Assistance-Apple</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p> <p>1:00 Healthy Living</p>
<p>8:15 Chair Yoga 18</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold 'Em</p> <p>Deadline for New Ulm Trip</p>	<p>8:00 Pickleball 19</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Drum Fit</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brain & Balance</p> <p>11:45 Party Bridge</p> <p>1:00 Bingo</p> <p>1:00 Heritage Jammers</p>	<p>8:00 Mens Golf 20</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:00 Book Club#2</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 21</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p> <p>1:00 WWII Discussion, Quilting Group</p> <p>5:00 Filling the Blank Page</p> <p>5:00 Diner's Club-Chart House</p>	<p>8:00 Pickleball 22</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 S.S. Strength & Balance</p> <p>10:00 Technology Assistance-Apple</p> <p>11:00 S.S. Strength & Balance</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p>
<p>8:15 Chair Yoga 25</p> <p>8:30 Pre-beginner Line Dance</p> <p>9:00 Beginner Line Dance</p> <p>9:30 Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:00 Knitting</p> <p>11:00 Cardio & Strength</p> <p>12:30 Mahjong</p> <p>12:30 Texas Hold 'Em</p> <p>1:00 Diamond Dotz</p> <p>Deadline for Scandia Trip</p>	<p>8:00 Pickleball 26</p> <p>9:00 Dominoes</p> <p>9:00 Poker</p> <p>10:00 Creative Writing</p> <p>10:00 Outdoor Bags</p> <p>11:00 Brain & Balance</p> <p>11:45 Party Bridge</p> <p>1:00 Book Club #3</p> <p>1:00 Gary Rue & Dessert Duet</p>	<p>8:00 Mens Golf 27</p> <p>8:15 Gentle Yoga</p> <p>9:00 Hearts, Ladies Golf</p> <p>9:30 Ping Pong, Health Angels Biking</p> <p>9:45-12 Line Dancing</p> <p>10:00 & 11:00 S.S. Strength & Balance</p> <p>11:00 Bocce Ball</p> <p>12:00 Pinochle</p> <p>1:15 Essentrics</p> <p>5:30 Pickleball</p>	<p>8:00 Pickleball 28</p> <p>8:15 Chair Yoga</p> <p>9:15 Wii™ Bowling</p> <p>9:30 Motorcycle Club, Walking Club</p> <p>10:00 Flexibility & Strength</p> <p>10:30 Red Hat Chorus, Bocce Ball</p> <p>11:00 Cardio & Strength</p> <p>11:30 Hand & Foot</p> <p>12:00 Euchre</p>	<p>8:00 Pickleball 29</p> <p>8:15 Gentle Yoga</p> <p>9:00 Poker</p> <p>10:00 S.S. Strength & Balance</p> <p>10:00 Technology Assistance-Apple</p> <p>11:00 S.S. Strength & Balance</p> <p>11:00 500 Cards</p> <p>12:30 Mahjong</p> <p>1:00 Paint and More</p> <p>1:30 Cribbage</p>



August 16, Driver Safety Class: 9:30a.m.-1:30 p.m.