

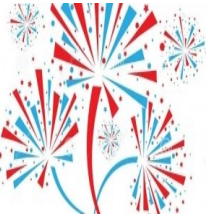






# July 2022








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>Pan-O-Prog</b> July 4-11 For a list of events, go to <a href="http://panoprog.org">panoprog.org</a></p>		8:00 Pickleball 1 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance Video 11:00 S.S. Strength & Balance Video 12:30 Duplicate Bridge 1:30 Cribbage	2
3 	4 <p><b>Heritage Center Closed</b></p> 	5 8:00 Pickleball 9:00 Happy Feet 9:00 Dominoes, Poker 10:00 Bean Bags (outside) 10:00 Book Club #1 11:00 War Games 12:00 Party Bridge 1:00 Bingo	6 8:15 Yoga 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:30 POP Baby Crawl-A-Thon 9:45-12 <b>NO LINE DANCING</b> 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 1:00 Science Discussion & Tech Assist. 5:30 Pickleball <b>Deadline for Lakeville Luncheon</b>	7 8:00 Pickleball 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking <b>10:00 NO FLEXIBILITY &amp; STRENGTH</b> 10:30 Red Hat Chorus 10:30 Bocce Ball <b>11:00 NO STRENGTH &amp; CONDITION</b> 11:30 Hand & Foot 12:00 Euchre 1:00 Quilting Group 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern <b>Deadline for Treasure Island Trip</b>	8 <p><b>NO LAAA PROGRAMS TODAY</b></p>  <div style="border: 2px solid red; padding: 5px; display: inline-block;"> <p><b>Pan-O-Prog Craft Sale</b>  <b>Heritage Center</b>  <b>Fri., July 8, 9 a.m.-3 p.m.</b>  <b>Sat., July 9, 9 a.m.-12 p.m.</b></p> </div>	9
10	11 8:15 Yoga 9:00 Walking Club 9:00 Health Insurance Counseling 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Knitting 10:00 Flexibility & Strength 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em <b>Deadline Country Artists Trip</b>	12 8:00 Pickleball 9:00 Dominoes, Poker 10:00 Creative Writing 10:00 Bean Bags (outside) <b>11:30 Lakeville Luncheon</b> 12:00 Party Bridge 1:00 LAAA Advisory Comm. Meeting 1:00 Music Jams <b>Deadline for Diner's Club</b>	13 8:15 Yoga 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 5:30 Pickleball	14 8:00 Pickleball 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength, Motorcycle 10:30 Red Hat Chorus & Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern. <b>5:00 Diner's Club—The Tavern</b>	15 8:00 Pickleball 8:15 Yoga <b>8:45 Treasure Island Trip</b> 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge <b>1:00 Tatting</b> 1:30 Cribbage	16
17	18 8:15 Yoga 9:00 Walking Club 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Knitting 10:00 Flexibility & Strength 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em	19 8:00 Pickleball 9:00 Dominoes, Poker 10:00 Bean Bags (outside) 11:00 War Games 12:00 Party Bridge 1:00 Bingo	20 8:15 Yoga 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 1:00 Book Club #2 1:00 Technology Assistance 5:30 Pickleball	21 8:00 Pickleball 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength 10:30 Red Hat Chorus 10:30 Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 WWII Discussion Group, Quilting 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern.	22 8:00 Pickleball 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:30 Cribbage	23
24	25 8:15 Yoga 9:00 Walking Club 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Flexibility & Strength 10:00 Knitting 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em	26 8:00 Pickleball 9:00 Dominoes, Poker 10:00 Creative Writing 10:00 Bean Bags (outside) 12:00 Party Bridge 1:00 Music Jams 1:00 Book Club #3	27 8:15 Yoga 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 5:30 Pickleball	28 8:00 Pickleball 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength 10:00 Motorcycle 10:30 Red Hat Chorus 10:30 Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern.	29 8:00 Pickleball 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:30 Cribbage	30



# August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:15 Yoga <b>1</b> 9:00 Walking Club  9:15 Wii™ Bowling <b>9:30-11 FREE CHEESECAKE DAY</b> 10:00 Beginners Line Dance 10:00 Knitting 10:00 Flexibility & Strength 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em	8:00 Pickleball <b>2</b> 9:00 Happy Feet 9:00 Dominoes, Poker 10:00 Bean Bags (outside) 10:00 Book Club #1 11:00 War Games 12:00 Party Bridge 1:00 Bingo <b>1:00 Music Jams</b>	8:15 Yoga <b>3</b> 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 1:00 Science 1:00 Tech Assist. 5:30 Pickleball <b>Deadline for Lakeville Luncheon</b>	8:00 Pickleball <b>4</b> 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength 10:30 Red Hat Chorus 10:30 Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 Quilting Group 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern.	8:00 Pickleball <b>5</b> 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:30 Cribbage	
 Dakota County Fair August 8-11	8:15 Yoga <b>8</b> 9:00 Walking Club 9:00 Health Insurance Counseling 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Knitting 10:00 Flexibility & Strength 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em	8:00 Pickleball <b>9</b> 9:00 Dominoes, Poker 10:00 Creative Writing ,Bean Bags <b>11:30 Lakeville Luncheon</b> 12:00 Party Bridge 1:00 LAAA Advisory Comm. Meeting  <b>Driver Safety Initial 8 Hour Class</b>	8:15 Yoga 8:30 Men's Golf <b>10</b> 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 5:30 Pickleball <b>1:00 Tanka Poetry Workshop</b> <b>Aug. 9 &amp; 10, 5-9 p.m.</b>	8:00 Pickleball 9:00 Walking Club <b>11</b> <b>9:00 Country Artist Trip</b> 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength, Motorcycle 10:30 R.H. Chorus, Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern. <b>DINERS CLUB IS ON AUG. 18</b>	8:00 Pickleball <b>12</b> 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:00 Tattling 1:30 Cribbage	
<b>14</b>	8:15 Yoga <b>15</b> 9:00 Walking Club 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Knitting 10:00 Flexibility & Strength 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em <b>Deadline for Diner's Club Picnic</b> <b>Deadline for Stillwater Trolley Trip</b>	8:00 Pickleball <b>16</b> 9:00 Dominoes, Poker 10:00 Bean Bags (outside) <b>10:00 Forgetfulness Presentation</b> 11:00 War Games 12:00 Party Bridge 1:00 Bingo <b>1:00 Music Jams</b>	8:15 Yoga <b>17</b> 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 1:00 Book Club #2 & Technology Assist. 5:30 Pickleball	8:00 Pickleball <b>18</b> 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength 10:30 R.H. Chorus, Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre 1:00 WWII Discussion, Quilting Group 1:00 Tai Chi-Beg. 2:00 Tai Chi Intern. 5:00 <b>Diner's Club Picnic Valley Lake</b>	8:00 Pickleball <b>19</b> 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:30 Cribbage	<b>20</b>
<b>21</b>	8:15 Yoga <b>22</b> 9:00 Walking Club 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Flexibility & Strength 10:00 Knitting 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em <b>Driver Safety 4 hr. Refresher 2-6 p.m.</b>	8:00 Pickleball <b>23</b> 9:00 Dominoes, Poker 10:00 Creative Writing 10:00 Bean Bags (outside) 12:00 Party Bridge  1:00 Music Jams <b>1:30 Root Beer Social</b> 1:00 Book Club #3	8:15 Yoga <b>24</b> 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 5:30 Pickleball	8:00 Pickleball <b>25</b> 9:00 Walking Club 9:15 Wii™ Bowling 9:30 Biking 10:00 Flexibility & Strength 10:00 Motorcycle 10:30 Red Hat Chorus 10:30 Bocce Ball 11:00 Strength & Conditioning 11:30 Hand & Foot 12:00 Euchre <b>NO TAI CHI TODAY</b>	8:00 Pickleball <b>26</b> 8:15 Yoga 9:00 Poker 10:00 S.S. Strength & Balance 11:00 S.S. Strength & Balance 12:30 Duplicate Bridge 1:30 Cribbage	<b>27</b>
<b>28</b>	8:15 Yoga <b>29</b> 9:00 Walking Club 9:15 Wii™ Bowling 10:00 Beginners Line Dance 10:00 Flexibility & Strength 10:00 Knitting 11:00 Strength & Conditioning 12:30 Mahjong 1:00 Texas Hold 'Em	8:00 Pickleball <b>30</b> 9:00 Dominoes, Poker 10:00 Bean Bags (outside) 12:00 Party Bridge <b>1:00 Renee's Retirement Party</b>  	8:15 Yoga <b>31</b> 8:30 Men's Golf 9:00 Hearts 9:00 Ladies Golf 9:30 Ping Pong 9:30 Biking HA 9:45-12 Line Dancing 10:00 & 11:00 S.S. Strength & Balance 11:00 Bocce Ball 12:00 Pinochle 5:30 Pickleball <b>Renee's Last Day</b> 	<div style="border: 2px dashed blue; padding: 10px; text-align: center;"> <p><b>Day Old Bread Available</b>  <b>Monday-Friday</b>  <b>10:15 a.m. - 3:30 p.m.</b></p> </div>		